



COOMIE NEWS

TERM 3, WEEKS 9 & 10, 2023

UPCOMING SCHOOL ACTIVITIES & KEY DATES

Monday 9th October

First Day - Term 4 - Students & Staff

Tuesday 10th October

World Mental Health Day

Friday 20th to Thursday 26th October

Years 9 - 10 - 11 Camp

YEAR 12 GRADUATION ASSEMBLY

Year 12 - Today marks a momentous stepping stone in your journey through life coming to close. Over the past few years I have watched you all grow and evolve into respectable, kind, caring and commendable people. Thirteen years of schooling is coming to an end, in this moment it will feel like it was the longest moment in your life, however in reality it is only a blimp, you will often look back on your high school days as you grow older and remember the good days, the friends you made, the teachers who helped you and the countless memories from the school. You all now have an opportunity to go out and face the world, take adventures, meet new people and develop your own individual stories. Just remember as you move forward, always be kind and respectful and work hard to make all your dreams come true. Congratulations.



Marilyn Dobe - Year 12 Year Advisor



Coomealla High School

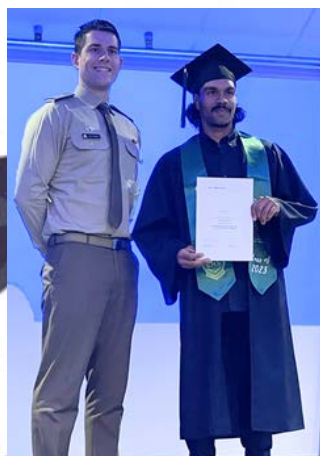
Silver City Highway Dareton NSW 2717

Phone: 03 5027 4506

Email: coomealla-h.school@det.nsw.edu.au



YEAR 12 GRADUATION 2023



PRINCIPAL'S REPORT

Year 12 Graduation Assembly

We've had a fun and joyous week of celebrating the end of Year 12 and rewarding positive behaviour across the school. Fortunately we chose to hold our Year 12 Graduation Assembly at Coomealla Club which saved us from sweltering in 36 degrees on the ball courts on Monday. It was a great assembly with our whole school in attendance, along with a good crowd of parents, carers and friends. Student achievements were celebrated and awards presented, including academic, leadership and community awards.



It was great to have Uncle Remy Smith to do our Welcome to Country and start proceedings, along with guests Mr Peter Allen from MADEC, Mr David Tunkin from Wentworth Rotary, Mrs Cheryl Vines from CWA, Mrs Lorene Dunstan from SuniTAFE, Mr Richard Munro from Lions and Lieutenant Luke Stephens from the Australian Defence Force, who all participated in the award ceremonies.

Two awards remain open at this stage as we await the final results from year 12 after their exams. They are:

- \$2000 scholarship from the Ilma Woodward bequest to be awarded to a high achiever, heading for university.
- \$5000 scholarship from the Tsirbas family to be awarded to the year 12 student with the highest academic results.

A citation relating to the Tsirbas family scholarship is provided later in this newsletter.

We are very fortunate to live and work in such a supportive community and to have wonderful staff such as Ms Keli Golledge and Ms Tammie Dowling who put hours of work into coordinating the event.



New school leadership team

We congratulate our new leadership team to take us into 2024. I look forward to working with these impressive young people to continue to improve our school.

School captains: ***Caitlin Trewin and Jacob Schellnegger***

School leaders: ***Sarah Evans, Ashley Nunn, Zackary Boundy, Brendon Sobkowiak***



PRINCIPAL'S REPORT

Electronic devices policy

As advised by email, we have conducted trial days this week for students to get used to their phone pouches and to help us identify any issues to be resolved. Students were mostly co-operative and complied with the new routines which was pleasing. A change in routine may make some students feel stressed and worried about how they will cope, but staff are here to help and we are confident that the change will be positive for our students. We hope that this new policy will reduce phone related harassment at school, will increase social interaction of students in the playground and encourage students to be physically active and have time to relax and unwind from screen time. Students have access in some breaks to the flex room for games and small gatherings, the library for reading and board games and the outdoor oval and ball courts for active play.

Students will need to bring their debit cards to use at the canteen as they will be unable to access phones during the day.

Students who require phones for medical reasons will be able to apply for an exemption. Forms are available from the office to take to their medical practitioner for sign off and then approval from the Deputy Principals or Principal.

If you need to contact your child during the school day, you can phone the office and staff will pass the message on to your child and allow access to school phones if needed and if your child needs to access their phone for an emergency or unexpected event, they can liaise with the Deputy Principals for access as required.

As with any policies or routines at our school, if you have concerns or questions, please contact the front office and staff will direct your calls to appropriate people.

Holidays

I take the opportunity to wish our staff and students a safe and happy holiday with time to relax and have fun. It has been a very busy but highly successful term for our school with more students attending over 90% of the time, more students recognised for improvement in reading and class work, rates of suspensions and negative behaviours almost halved and the introduction of our Gotcha tickets and reward excursions as incentives for positive choices.

Kath Steward
Executive Principal





TSIRBAS FAMILY SCHOLARSHIP FOR DUX OF YEAR 12

The Tsirbas family \$5000 scholarship for DUX of year 12

The creators of this scholarship, the Tsirbas Family, are great believers in education.

Education is a gift that gives you a head start in life. A quality education is one of the truly most valuable investments that you can make with your time and others can make for you. It opens doors. A denial of education as we may have seen happens in some countries eg for children and women is a life sentence.

Christos and Chrysoula arrived in Australia after WWII and after working in many regional areas of Australia came to Dareton in 1977.

All their three children attended this high school.

Coomealla High School provides the environment for learning in its many facets, pursuing academic excellence and personal development has been a hallmark of the school.

Academic excellence is not easy, even for those who may consider themselves naturally gifted, as you progress through education it requires persistence, dedication and application. It is not always easy but the results are certainly worth it.

The three Tsirbas children went through the school in the 80s and went on to do interesting and diverse things with the education they gained here, they were children of a blockie perhaps like many of you.

Nektarios previously advised the Prime Minister from the department of the Prime Minister and Cabinet. He was the Director of the Industry, Infrastructure and Environment Division. He is now the Australian Latin America Trade Commissioner based in Santiago.

Marina is a recipient of the Menzies scholarship to Cambridge University. She is a renown expert in International law and foreign policy expert. She has served as Australia's ambassadorial staff to the Netherlands and was intimately involved with the International court of Justice in the Hague. She previously worked with the Prime Minister's office coordinating the International policy division. She was a director of the ANU foreign policy thinktank and is now the director of Government engagement for Lockheed Martin USA.

Angelo is an internationally renown Ophthalmologist and oculoplastic surgeon. He is a recipient of a Fulbright scholarship and has been a visiting professor in London, New York and Los Angeles. He still values his regional background greatly and established a surgical service to Mildura and western NSW on his return from the USA.

And many many others have gone on from this high school to lead exciting, interesting careers and lives.

Many of you will come from a rural background and will have chores to do after hours working on farms or fruit blocks, this is not a weakness as you may look to compare yourselves and the study hours that you have to those of your contemporaries in city schools. Rather it can be a strength, for the discipline that you will learn from ensuring that you complete your studies as well as holding down jobs, sporting pursuits and physical work and the life skills that you will also gain will hold you in good stead when you go to university.

People are also friendly here in Coomealla, the school and life here also helps in rounding out and teaching the students maturity and diversity.

Persistence, dedication and application, they may sound hard to grasp at the moment but as you progress through education and life you will find that they ring true.

Written by: Angelo Tsirbas



ORBISPACE - SYDNEY

Megan, Jess, Izzy and Zali from Year 8 have been in Sydney today “pitching for the planet” in a shark-tank style competition against other young women from around NSW. Our girls pitched their innovation which aims to combat plastic pollution in the dairy industry, to a panel of international investors and were AMAZING!

They also pitched their idea to the Hon. Courtney Houssos the Minister for Finance, who thought their idea was fantastic!

The girls have some celebrating to do tonight and are going on a tour of Channel Nine TV studios tomorrow to learn about STEM careers in the film industry. Thank you to Jess’ mum Donna who has accompanied the girls on this trip with Miss Mac from the Lower Baaka Academy of STEM.

Congratulations girls!



**PITCHING
FOR THE PLANET!**



Coomealla High School

Silver City Highway Dareton NSW 2717

Phone: 03 5027 4506

Email: coomealla-h.school@det.nsw.edu.au

ELECTRONIC DEVICES POLICY



Coomealla High School

Silver City Highway
Dareton NSW 2717

Phone: 03 5027 4506

Website: coomealla-h.schools.nsw.gov.au

Principal: Kathryn Steward

Deputy Principal: Duncan Driscoll

Keli Golledge

Electronic devices policy

Effective Term 4 2023

- 1.1 Students are not allowed to use mobile phones and associated electronic devices (air pods, smart watches, iPad) at school, including during recess and lunch.
- 1.2 The Principal and Deputy Principals will manage individual requests from parents and/or carers, and students, for any exemptions to this policy.
- 1.3 School staff with the approval of the principal, may allow students to use mobile phones in specific circumstances, such as for an educational purpose, to achieve student health and wellbeing outcomes, as part of a reasonable adjustment to enable students with specific needs to participate in education on the same basis as other students.

Management of electronic devices at Coomealla High School

Students will be expected to store their electronic devices locked in a magnetic pouch provided by the school during the school day. At the end of the day, students can access unlocking magnets to release their devices, prior to leaving for the day.

FAQs for students and parents

How does the new policy work?	When you arrive at school, you need to put your phone on aeroplane mode, place into the pouch and lock it during the school day. During Get Lit you need to put your locked phone on the desk to show the teacher that it is locked in the pouch. Store the phone in the pouch for the whole day and keep in your bag or locker. At the end of the day, after the bell, unlock the pouch.
What if I have an emergency and need to make a phone call?	Report to Front Office and speak to a DP who may provide an unlocking station or allow you to use the school phone.
What about my earphones/airpods/earbuds?	These need to be locked into the pouch and large headphones, laptops or IPADS stored in bags or lockers during the school day.
What are the consequences if I don't follow the policy?	You will be reminded of the policy and given the chance to comply. If you do not comply, a purple slip will be sent during lessons or the HT on Duty called in playground time. Your phone will be confiscated for the remainder of the day and stored at the Front Office. This will be documented on Compass by the teacher. The Deputy Principal will issue a Formal Caution to suspend and phone your parents. Repeated or unresolved incidents may result in suspension from school.
What if I damage or lose my phone pouch?	You will need to report to the Front Office for a replacement pouch at a cost of \$10.
What if I have a medical condition that relies on the phone for monitoring?	This should be documented in your health care plan and supported by a medical practitioner. An unlocking station is kept in the Front Office and DP office or alternatively, you may be provided with a pass by a Deputy Principal, depending on the medical condition.
What if I need my phone to pay for food at the canteen?	You will need to bring your debit card to use instead of your phone.
Where are the unlocking stations?	Unlocking stations will be available in these locations: <ul style="list-style-type: none">- Front office- Library- Support Unit- Each block
What if I leave early or go to TAFE?	You will be provided with access to the unlocking station when you sign out at the Front Office.

Coomealla High School

Silver City Highway Dareton NSW 2717

Phone: 03 5027 4506

Email: coomealla-h.school@det.nsw.edu.au

YEAR 9 TEN PIN BOWLING



YEAR 7 BASKETBALL SHOOTING GAME



VALUES CHART



ATTENDANCE

NSW Department of Education

Why attendance matters

When your child misses school they miss important opportunities to...



Learn



Build friendships



Develop life skills

education.nsw.gov.au



Minutes lost = days lost per year

A couple of minutes here and there doesn't seem like much, but...

When your child misses just...

they miss days per year

5 mins
per day



=

3 days

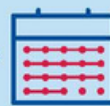


30 mins
per day



=

18 days



**Patterns of lateness
can have a serious
impact on your child's
education.**



GOTCHA TICKETS

I can earn **GOTCHA TICKETS** by:

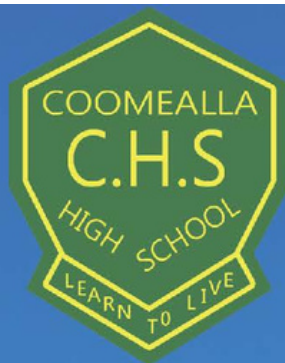
Acting safely and responsibly:

- I arrive to class on time and find my seat promptly.
- I am prepared to learn by getting my equipment ready once I sit down.

Showing Respect:

- I use technology appropriately.
- I follow Teacher instruction.

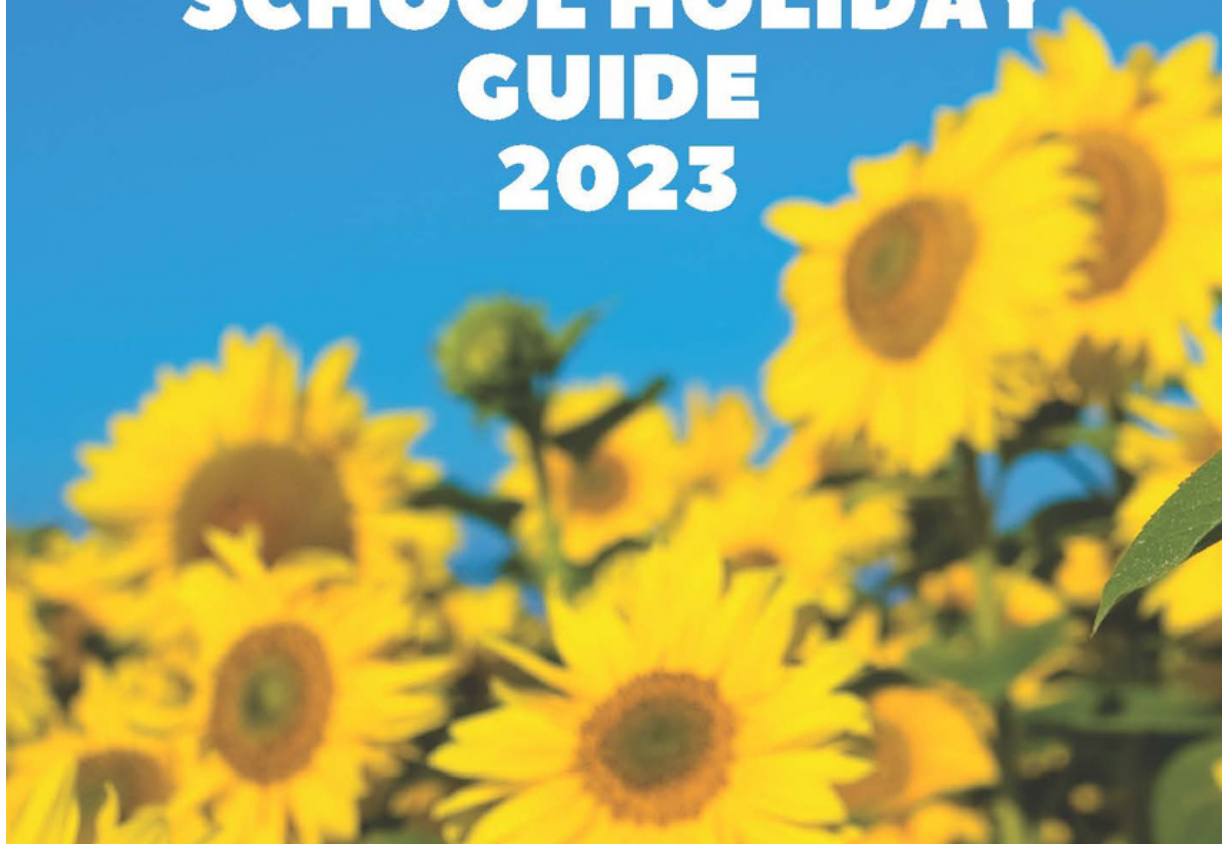
SCHOOL HOLIDAY GUIDE



COOMEALLA HIGH SCHOOL

SEPTEMBER

SCHOOL HOLIDAY GUIDE 2023



School Holiday Guide

DARETON PUBLIC SCHOOL

SCHOOL HOLIDAY PROGRAM

CINEMA DAY

& LUNCH AT THE PARK



TUESDAY 26TH SEPTEMBER

FREE PIZZA LUNCH AND MOVIE

TRANSPORT PROVIDED

CONTACT: SIAN HARRIS
5027 4586

Please turn over for bus schedule

School Holiday Guide

PICK UP AND DROP OFF TIMES

Where	Bus Stop	Pick Up	Drop Off
Wentworth	Corner Sandwyth St & Darling St	10:40 AM	4:35 PM
Dareton	Fire Station	11:00 AM	4:15 PM
Nama	Namatjira Ave	11:05 AM	4:10 PM
Buronga	Silver City Hwy	11:15 AM	4:00 PM

School Holiday Guide

DARETON PUBLIC SCHOOL

SCHOOL HOLIDAY
PROGRAM

Fun Day!

TUESDAY 3RD OCT

11:00 AM - 1:00 PM

DARETON PUBLIC SCHOOL
MATONG ST



FREE MORNING TEA
& LUNCH



ACTIVITIES:
MUSIC JAM
ARTS & CRAFTS
SPORTS
and more!

CONTACT: SIAN HARRIS
5027 4586

School Holiday Guide



ART SESSION

When: Monday 25 September
2023

Time: 10am-2pm

Location: 39 Langtree Avenue
Mildura

- Lunch & Snacks provided.
- Ages 12 - 17 years

WWW.EVENTBRITE.COM.AU/D/AUSTRALIA--MILDURA/SCHOOL-HOLIDAY-ACTIVITIES-MILDURA/

School Holiday Guide



Canoe with Wild Side Outdoors - Kings Billabong

When: Tuesday 26 September 2023

Time: 1pm - 3.30pm

- Snacks provided.
- Ages 12 - 17 years

NOTE:

Bus transport provided.

**Upon booking,
details provided.**



www.eventbrite.com.au/d/australia--mildura/school-holiday-activities-mildura/

School Holiday Guide



WALLIS CINEMA MOVIE

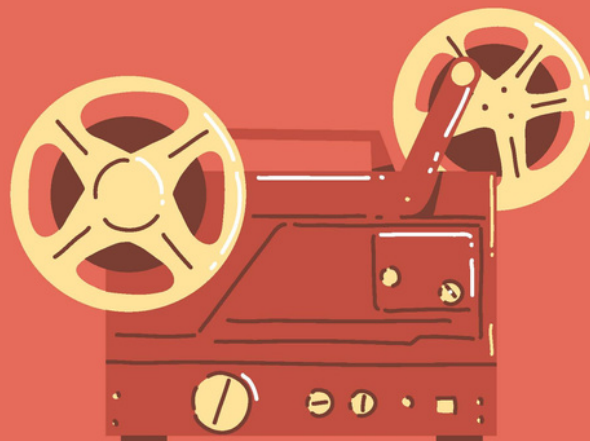
"Teenage Mutant Ninja Turtles Mutant Mayhem"

When: Wednesday 27 September 2023

Time: 10.30am-12.15pm

- Wallis Cinemas 93 Deakin Avenue, Mildura
- Purchase own snacks & drinks at Snack Bar.
- Ages 12 - 17 years

www.eventbrite.com.au/d/australia--mildura/school-holiday-activities-mildura/



School Holiday Guide



TEN PIN BOWLING & PIZZA

When: Thursday 28 September 2023

Time: 12 noon -2pm

Location: Mildura Ten Pin Bowling

1 King Avenue, Mildura

- Pizza & Snacks provided
- Ages 12 - 17 years

www.eventbrite.com.au/d/australia--mildura/school-holiday-activities-mildura/

School Holiday Guide



Mallee District Aboriginal Services - Mildura, Swan Hill, Kerang

5 d · 🌐

Find out how your kids can join our 3-day Mildura School Holiday Program by contacting Acting Coordinator Youth Services Chantelle Appoo on 0429008427.

HURRY places are limited!

- 📍 26th September Perri Sand Hills
- 📍 27th September Laser Force
- 📍 28th September Ten Pin Bowling

[#schoolholidays](#) [#funforkids](#) [#mildura](#)



School Holiday Guide

MILDURA WATER PARK

**Water Play Park -
Nowinga Place, Mildura
From 16th Sep: 10am - 5pm
From 1st Oct: 10am - 9pm
BBQ facilities**





School Holiday Guide



visit [twinkl.com.au](https://www.twinkl.com.au)



School Holiday Guide

REACH
OUT.COM

WAYS TO CHILL FOR CHEAP



PRETEND
YOU'RE AN
ART CRITIC



DANCE
TO
DRAKE



DO A YOUTUBE
YOGA CLASS

HAVE A
SUNSET
PICNIC



BAKE A
PACKET
CAKE



WATCH A
WEB SERIES
ON YOUTUBE



MAKE SOME DIY
BIRTHDAY CARDS

TAKE A NAP
IN A
BLANKET FORT



PRETEND YOU'RE
A PHOTOGRAPHER



GO TO THE
DOG PARK

DOWNLOAD THE
7 MINUTE WORKOUT
APP



BROWSE THE
PODCAST APP



HAVE A
TOTALLY
TECH-FREE
HOUR



CHOOSE A RANDOM
BOOK AT THE LIBRARY



MAKE A
CUP OF TEA

GOOGLE
"OTTERS HOLDING
HANDS"



School Holiday Guide

SCHOOL HOLIDAY SUPPORT

HELPFUL SUPPORT OPTIONS FOR THE BREAK

(or for whenever you need them!)

Phone Numbers

Lifeline Call (24/7):	13 1114
Lifeline Text (24/7):	0477 13 1114
13YARN (24/7):	13 92 76
Beyond Blue (24/7):	1300 22 46 36
Kids Helpline (24/7):	1800 55 1800
Mental Health Line (24/7):	1800 011 511
Suicide Call Back Service (24/7):	1300 659 467
Mensline (24/7):	1300 78 99 78
Qlife (3pm-midnight):	1800 184 527
1800RESPECT (24/7):	1800 737 732
LINK2HOME (24/7):	1800 152 152

Apps

Headspace
Smiling Mind
iBobbly
Calm Harm
Beyond Now (safety planning)
Check-In (beyond blue)

Online Services

www.lifeline.org.au/crisis-chat

www.headspace.org.au/online-and-phone-support/

www.qlife.org.au/resources/chat

www.moodgym.com.au/

www.brave-online.com/

Places to get help

CHAC – General health services:

51 Sturt Place, Dareton

3/61 Darling Street, Wentworth

Headspace – 2/125 Pine Avenue, Mildura

(for mental health support)

MASP – 24 Millie St, Dareton

(for housing support)

Libraries: Wentworth, Dareton, Buronga

(for a safe space and some fun holiday activities)

PLEASE REACH OUT!

In an emergency: if you or someone you are caring for is hurt, or a life is in danger; call 000.

The holidays can be a tricky time but there is always help available. Look after yourself and look out for your mates!

School Holiday Guide

Holiday Support Services *For Parents & Carers*

ParentLine - 1300 1300 52

Parent Line is a free telephone counselling and support service for parents and carers with children aged 0 to 18 who live in NSW.

ReachOut One-on-One Support

www.parents.au.reachout.com/one-on-one-support

A free coaching service for parents and carers
Create clarity and increase confidence to support your teen through a tough time.

BeyondBlue - 1300 22 4636

www.healthyfamilies.beyondblue.org.au/age-13/mental-health-conditions-in-young-people/how-to-talk-about-mental-health
Tips on how to talk about mental health with your young person

Head to Health

www.headtohealth.gov.au/

Provides a national mental health resource and service directory for yourself or your young person.

Raising Children

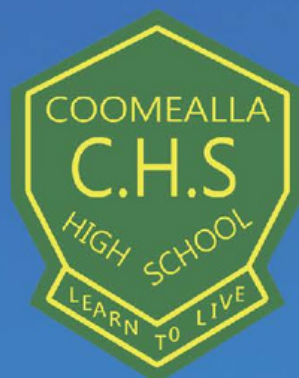
www.raisingchildren.net.au/

For tips and advice around a range of topics that can assist parents in supporting young people.

Mallee Family Care - 3 Devenport St, Dareton NSW 2717, (03) 5027 7600

A range of supports offered which include family support, legal support and financial counselling.

School Holiday Guide



**HAVE A SAFE,
RELAXING
AND HAPPY BREAK!**



MILDURA & DISTRICT LITTLE ATHLETICS

SEASON 23/24 REGISTRATIONS OPEN NOW



Run, Walk, Jump, Throw.
Fun, Friendship & Excitement.

- ✓ Season commences Oct 1st 2023
- ✓ 08:45am Start
- ✓ Tiny tots (3-5yrs olds) & U6 to U17's
- ✓ Beginners most welcome
- ✓ Old Aerodrome Sporting Complex,
11th St, Mildura
- ✓ Training Thursdays 5:30pm



JOIN US!



REGISTRATION LINK



ALL ENQUIRIES
mil@salaa.org.au

Little Athletics Mildura & District



YOUTH NAIDOC BALL

Mildura YOUTH NAIDOC Ball 2023

SATURDAY 4TH NOVEMBER
4:30PM - 10:00PM

AT THE
MILDURA GRAND HOTEL

AGES: 12-17

GUARDIANS MUST ATTEND
DRUG AND ALCOHOL FREE

TICKETS \$70 (INCLUDES 3 COURSE MEAL)
FREE SOFT DRINK AND JUICE

TICKET SALES AND INFORMATION CONTACT
PMCCORMACK@MDAS.ORG.AU
0436 814 093



ELDERS NAIDOC BALL

Mildura ELDERS NAIDOC Ball 2023

SATURDAY 18TH NOVEMBER
5:00PM - 11:00PM

AT THE
MILDURA GRAND HOTEL
AGES: 18+ ONLY

TICKETS \$75 (INCLUDES 3 COURSE MEAL)
DRINKS AT BAR PRICES

TICKET SALES AND INFORMATION CONTACT
PMCCORMACK@MDAS.ORG.AU
0436 814 093



DEBUTANTE BALL

Wentworth District Football Netball Club



Saturday 2nd December 2023
8.00 pm - 12.00 midnight

Coomealla Memorial Club
Dareton

Call Margaret for further details - 0428 274 546



FREE SKIN SCREENING CLINIC

LIONS MEDICAL RESEARCH FOUNDATION INC.
SKIN CANCER SCREENING SUBCOMMITTEE



The Lions Club of **BURONGA GOL GOL & DISTRICTS INC**

Are pleased to sponsor **THIS FREE SKIN SCREENING CLINIC** to be held at
THE OLD BURONGA SERVICE STATION ON THE STURT HIGHWAY (Hendy St,
between Pooley & Rose Streets)

SATURDAY SEPTEMBER 23RD 9AM TILL 4PM

SUNDAY SEPTEMBER 24TH 9AM TILL 4PM

Bookings are essential

Phone Buronga Health One

5021 7200

For those aged 18 and over.

A person's risk of cancer can increase with these following factors.

A family member who has had a malignant melanoma.
(parent, brother, sister or grandparent)

Five or more moles (not freckles) on your forearm.

Previously had moles removed that were not cancers.

Previously had skin cancer.

A mole or freckle that is changing, size, colour, shape.

Fair skin that always burns rather than tans.

Had blister sunburn as a child enough to stay off school.

Any inflamed skin sores that do not heal.

A 15 MIN SCREENING MAY SAVE YOUR LIFE

Screeners are health professionals, providing a service to the community by the Lions Medical Research Foundation.



JOSS FACILITY MANAGEMENT - CLEANERS WANTED



CLEANERS WANTED

Joss Facility Management provides cleaning services to local Schools and other sites in this area. We are looking for local people to assist us in maintaining these sites by joining our Company as a Cleaner.

A Joss cleaner's role includes: Cleaning, stocking and supplying designated facility areas (dusting, sweeping, vacuuming, mopping, restroom cleaning etc)

Joss Facility Management provide staff with a uniform, training and a supportive work environment.

**APPLY
NOW:**



We invite you to register your interest in working with Joss by sending an email to careers@jossgroup.com.au or call 02 6051 1900.

Joss welcome you to visit our website www.jossgroup.com.au for further information on our Company. We look forward to welcoming some new faces to our team.



www.jossgroup.com.au
cleaning@jossgroup.com.au
02 6051 1900



WHAT DOES C.H.A.I.L.I.S. STAND FOR? Children having an illness living in sunraysia

The aim of C.H.A.I.L.I.S. is to raise funds, hope and awareness for families with children in Sunraysia living with an illness or life impacting disability.

Each family is supported on an individual needs basis.

Ways we help may include the following:

- Monetary
- Medical Equipment
- Travel or Accommodation
- Assistance with Expenses

Much of the fundraising has been aimed at helping families with children going through life threatening conditions including Cancer, Leukaemia, Epilepsy and other diseases and disabilities. 100% of funds donated are given to our families.

We provide financial assistance to Parents during the duration of time their child is receiving treatment and provide a caring and supportive network for families of children living with an illness. Sunraysia families with a child with a serious illness or organisations who assist families are able to apply for support.

Contact us either via our Facebook Page or our website and complete the application form so we can confirm your eligibility for assistance.

**Make a donation online or over the counter
at any branch of the Bendigo Bank**

Acc Name: CHAILIS
BSB: 633000

Bank: Bendigo Bank
Acc: 153833629



CONTACT US: C.H.A.I.L.I.S. INC: A0061993P ABN: 45 774 608 465

93 ILEX STREET, RED CLIFFS, VIC, 3496 • PH: 0476 047 196 • E: INFO@CHAILIS.ORG.AU
W: WWW.CHAILIS.ORG.AU • FB: WWW.FACEBOOK.COM/@CHAILIS.ORG.AU

THREE COLOURS SOCCER CLUB



3C Future Champions

The 3C Future Champions program is all about kids learning the skills of football (soccer) while having fun in an inclusive, social and non-competitive environment

- Boys and girls welcome from five years old at any level of ability.
- 10 Weeks between 24th September — 26 November 2023
- Sundays 9:30am—10:30am
- Cost \$50

For more information or to register please contact
threecolourssc@live.com.au or Vince 0429200193

